

Programs By Day

Monday

11:30am-12:00pm	Music & Movement with Mr. Dave (Age 0-5 yrs)
4:00-4:45pm	Ballet I (Ages 5-6)
5:00-5:45pm	Ballet II (Ages 7-9)

Tuesday

9:15-9:45am	Mommy & Me Gymnastics (Ages 18-36 months)
10:00-10:40am	Pre-School Gymnastics (Ages 3-5)

Wednesday

10:00-10:45am	Ooey Gooley Mad Science & Sensory (Ages 3-5)
10:00-10:45am	Baby Yoga (Ages 3 weeks-pre-crawling)
11:00-11:30am	Tyke Yoga (Ages 2-4)
1:00-1:30pm	Mommy & Me Gymnastics (18-36 months)
1:45-2:30pm	Pre-School Gymnastics (Ages 3-5)
4:30-5:00pm	Kids Bootcamp (Ages 6-10)

Thursday

10:00-10:45am	Sign, Say and Play ® (6-15 months)
4:00-4:45pm	Kids Yoga (Ages 5-8)

Friday

10:00-10:30am	Mommy & Me Ballet (Age 2)
11:00-11:45am	Intro Ballet & Tap Combo (Ages 3-5)

Saturday

8:15-8:45am	Mommy & Me Gymnastics (18-36 months)
9:00-9:40am	Pre-School Gymnastics (Ages 3-5)

Sunday

8:30-9:15am	Intro Ballet & Tap Combo (Ages 3-5)
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Programs By Type

Dance

Monday	4:00pm	Ballet I
	5:00pm	Ballet II
Friday	10:00am	Mommy & Me Ballet
	11:00am	Intro Ballet & Tap Combo
Sunday	8:30am	Intro Ballet & Tap Combo

Gymnastics

Tuesday	9:15am	Mommy & Me Gymnastics
	10:00am	Pre-School Gymnastics
Wednesday	1:00pm	Mommy & Me Gymnastics
	1:45pm	Pre-School Gymnastics
Saturday	8:15am	Mommy & Me Gymnastics
	9:00am	Pre-School Gymnastics

Music

Monday	11:30am	Music & Movement w/ Mr. Dave
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Sign Language

Thursday	10:00am	Sign, Say and Play ®
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S.T.E.M. & Sensory

Wednesday	10:00am	Ooey Gooley Mad Science & Sensory
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Yoga & Fitness

Wednesday	10:00am	Baby Yoga
	11:00am	Tyke Yoga
	4:30pm	Kids Bootcamp
Thursday	4:00pm	Kids Yoga

Programs By Age

0-15 Months

- Baby Yoga
- Music & Movement w/ Mr. Dave
- Sign, Say and Play ®

16-24 Months

- Mommy & Me Gymnastics
- Music & Movement w/ Mr. Dave

2-3 Years

- Intro Ballet & Tap Combo
- Mommy & Me Ballet
- Mommy & Me Gymnastics
- Music & Movement w/ Mr. Dave
- Ooey Gooley Mad Science & Sensory
- Pre-School Gymnastics
- Tyke Yoga

4-5 Years

- Ballet I
- Intro Ballet & Tap Combo
- Kids Yoga
- Music & Movement w/ Mr. Dave
- Ooey Gooley Mad Science & Sensory
- Pre-School Gymnastics
- Sensory Exploration
- Tyke Yoga

6+ Years

- Ballet I
- Ballet II
- Kids Bootcamp
- Kids Yoga

WINTER SESSION BEGINS ON SUNDAY, JANUARY 8, 2017

